

DO YOU HELP A LOVED ONE GET TO THEIR APPOINTMENTS?

Do you think you're a **caregiver?**



You may have the right to:

time off work to take care of your loved one • workshops to support you in your caregiving role
services to allow you to take a break • financial support and tax credits

To find out more:

Caregiver Support Helpline (L'Appui) ☎ 1 855 852-7784

Éducaloï  educaloï.qc.ca/en - Web Guide Caregivers

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Québec 