

WHAT YOU CAN DO AS A PARENT TO HELP

SUPPORT THEM

Your child is unsure about their sexual orientation or gender identity, and would need support? You can refer them to one of the following organizations:

Tel-Jeunes: teljeunes.com/en

Info-Social: 811 option 2

Interligne: 1-888-505-1010

REPORT CONVERSION THERAPY

Has your child been the victim of conversion therapy? You can put an end to it and report it.

EDUCATE YOURSELF

To find out more and hear about a victim's firsthand experience with conversion therapy:



éducaloi

Information Empowers

Éducaloi is a non-profit organization whose mission is to explain the law to the population of Quebec in everyday language and develop their legal skills.

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educaloi.qc.ca/en/

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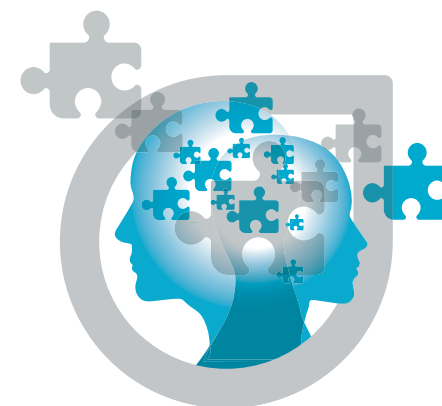


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IS YOUR CHILD QUESTIONING?

Beware of conversion therapy



"Am I attracted to boys?"
"Am I a boy trapped inside a girl's body?"
"Which gender am I truly attracted to?"

GUIDING YOUR CHILD TO THE RIGHT RESOURCES

Is your child looking for help because they're questioning their sexuality or identity?

HELP IS ...

allowing them to understand, explore, accept, and own their identity.

HELP IS NOT ...

trying to repress, diminish or change how they feel.

If your child is exposed to practices, treatment, or services that assume that

- homosexuality is an illness or a sin,
- being born male and identifying as female is an illness that can be cured,
- being born female and wanting to present as male is abnormal,
- they must choose between their faith and sexual orientation,
- homosexuality is caused by trauma,

they may be the victim of conversion therapy.

CONVERSION THERAPY

A criminal practice

Conversion therapy is a practice that aims to

- change a person's **sexual orientation** to turn it heterosexual,
- repress or reduce a person's non heterosexual **attraction or sexual behaviour**,
- change or reduce a person's **gender identity** to turn it cisgender,
- change, repress or reduce a person's **gender expression** to make it conform to the sex assigned at birth.

A person who goes through conversion therapy is a victim. They will not be accused of a crime, even if they choose to go through it voluntarily.

It's a crime to cause someone to go through conversion therapy. It's also a crime to promote conversion therapy or to profit from it.

A DANGEROUS PRACTICE

Conversion therapy can cause severe harm to victims, including

- depression,
- anxiety,
- sexual disorders,
- suicidal thoughts.

Many organizations have spoken out against these dangerous practices.