

# YOUR CHILD CAN GET HELP

Growing up comes with its share of doubts and questioning. It's completely normal to seek help and answers. Sometimes, it can be necessary.

Many resources are available to help and support your child.



**Does your child need support?**  
You can help!

**Have they been the victim of conversion therapy?**  
You can put an end to it and report it to the police.

To find out more and hear about a victim's firsthand experience with conversion therapy:



## Is your child questioning?

*"Am I attracted to boys?"  
"Am I a boy trapped inside a girl's body?"  
"Which gender am I truly attracted to?"*

**Beware of conversion therapy!**

Need to  talk about it?

[teljeunes.com](http://teljeunes.com) / 1 800 263-2266

[interligne.co](http://interligne.co) / 1 888 505-1010

Info-Social : 811

#### PARTNER-MEMBERS

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Éducaloi also receives support from :



Ministère de la Justice  
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Information Empowers

# GUIDING YOUR CHILD TO THE RIGHT RESOURCES

Is your child looking for help because they're questioning their sexuality or identity?

## Help is...



allowing them to understand, explore, accept, and own their identity.

## Help is not...



trying to repress, diminish or change how they feel.

If your child is exposed to practices, treatment, or services that assume that :

- homosexuality is an illness or a sin,
- being born male and identifying as female is an illness that can be cured,
- being born female and wanting to present as male is abnormal,
- they must choose between their faith and sexual orientation,
- homosexuality is caused by trauma.

they may be the victim of conversion therapy.

# Conversion Therapy

## A criminal practice

Conversion therapy is a crime, even when the victim chooses to go through it voluntarily.

These practices aim to **change, repress, or diminish** a person's :

- **sexual orientation or sexual attraction**, if they aren't heterosexual,
- **gender identity**, if they don't identify with the sex they were assigned at birth, or
- **gender expression**, if their appearance or behaviour doesn't conform to the sex they were assigned at birth.

It's a crime to cause someone to go through conversion therapy. It's also a crime to promote conversion therapy or to profit from it.

A person who performs one of these acts can be accused of a crime.



## A dangerous practice

Conversion therapy can cause severe harm to victims, including :

- depression,
- anxiety,
- sexual disorders,
- suicidal thoughts.

Many organizations have spoken out against these dangerous practices.

**YOUR CHILD IS A VICTIM. THEY HAVEN'T COMMITTED A CRIME.**