

# INFO SHEET #2: FREE AND LOW-COST LEGAL SERVICES

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## I. Free Legal Information Clinics - phone and walk-in

(check for availability of in-person services due to COVID)

Some legal information clinics may also offer legal advice. You can ask the clinic about this when you contact them.

### Community Justice Centers

- Comité d'action de Parc-Extension, 419 Saint-Roch, basement office SS.04
- 11 centres across Quebec. To find address and phone number of nearest one go to [www.justicedeproximite.qc.ca/en/](http://www.justicedeproximite.qc.ca/en/)
- Covers multiple areas of law
- Provides “pre-mediation” services (preparation for mediation) for family law and small claims court cases
- No appointment necessary (when walk-in services operating)

### University-based legal information clinics

- McGill: 514-398-6792
- Université de Montréal: 514-343-7851 (by appointment only)
- UQAM: 514-987-6760
- Université de Sherbrooke: 819-821-8000 # 65221
- University of Ottawa: 613-562-5600

### Mile End Legal Clinic <https://justicemontreal.org/>

- Operates three legal info clinics in Montreal:
- 99 Bernard St. West
- Tyndale St-Georges CommunityCentre, 870 Richmond Square
- Comité d'action de Parc-Extension, 419 Saint-Roch, basement office SS.04
- Covers multiple areas of law

- By phone or appointment: 514-507-3054

#### **Women's Centre of Montreal** <https://centredesfemmesdemtl.org/en/>

- 3585 St. Urbain, Montreal
- Covers multiple areas of law
- For women only
- By phone: 514-842-4780

#### **Head and Hands** <https://headandhands.ca/programsservices/legal-services>

- 3465 Benny, Montreal
- Covers multiple areas of law but oriented toward legal education and support of youth
- Free of charge for youth 12-25, suggested contribution of \$20 if older
- By phone and email only: 514-481-0277; legal@headandhands.ca

#### **Project Genesis** [www.genese.qc.ca](http://www.genese.qc.ca)

- 4735 Côte-Ste-Catherine Road, Montreal
- Covers mainly access to government programs (e.g., welfare, pensions, family allowances) and tenant's rights
- By phone or appointment 514-738-2036

#### **Montreal City Mission's Just Solutions Clinic for Immigration and Refugee Law and Seniors' Mobile Legal Clinic** [www.montrealcitymission.org/en](http://www.montrealcitymission.org/en)

- 1435 City Councillors Street, 3rd Floor, Montreal
- By phone or appointment
- Immigration and refugee law: 514-844-9128 ext. 201 or 204
- Seniors' Mobile Legal Clinic: 514-844-9128 ext. 206

#### **Arnold Bennett Tenants' Rights Hotline and Walk-in Clinic** <https://www.facebook.com/groups/HousingHotline>

- Walk-in clinic: 1440 Stanley Street, Rm. 517, Montreal, Sundays at 11a.m., no appointment necessary
- Phone info line: 514-488-0412

#### **West Island Community Resource Centre Legal Clinic** <https://crcinfo.ca/programs-and-services/#legal>

- 114 Donegani, Pointe Claire

- Covers multiple legal areas
- By phone or appointment: 514-694-6404

#### **Young Bar of Montreal Public Services** <https://ajbm.qc.ca/en/>

- Can provide assistance to people in Montreal representing themselves before the small claims court, the Tribunal administratif du logement (rental board), the Tribunal administratif du travail and the Tribunal administratif du Québec regarding crime victim's compensation).
- Also provides on-site assistance to people representing themselves in criminal matters

## **II. Free and Low-cost Legal Advice and Representation**

### **Quebec Bar Association's low-cost consultation with a lawyer**

- Cost of a consultation with a lawyer varies between \$50 and \$60 depending on your region
- For the cost, duration of consultation and the phone number to call for your region see: <https://www.barreau.qc.ca/en/find-lawyer/referral-services/>
- This cost is only for an initial consultation. If you ask the lawyer for further services (for example, further consultations or for representation) you must reach an agreement regarding fees.

### **Quebec Legal Aid**

- Provides free (or in some cases low-cost) legal representation for low-income people in all regions of Quebec.
- For information on eligibility criteria and to find a Legal Aid office, see: <http://www.csj.qc.ca/commission-des-services-juridiques/aide-juridique/Quest-ce-que-aide-juridique/en>
- Any lawyer in private practice can also accept legal aid work.
- 514-873-3562

### **Juripop**

- Provides legal consultation and representation in most areas of law at \$60 per hour for people who slightly exceed the financial cut-offs for Quebec Legal Aid.
- The request must be made online, with proof of income.
- For more information and to apply: <https://juripop.org/en/i-need-a-lawyer-eligibility/>

## Rebâtir

- Provides four hours of legal consultation and advice for victims of sexual abuse and domestic violence
- Service is free of charge regardless of your income
- Consultation is with lawyers specialized in different fields, including family law, immigration, youth protection and criminal law
- For more information: <https://www.rebatir.ca/?lang=en>
- 1-833-732-2847

## Justice Pro Bono

- Offers free legal representation in some areas of law to people who do not qualify for legal aid
- Areas of law include family law, services to non-profit organizations and refugee law
- For more information and to apply: <https://justiceprobono.ca/en/we-can-help-you/> or 514-904-1076

## Elder Law Clinic <https://elderlawcanada.ca/en/theelder-law-clinic/about-the-clinic/>

- 1200 avenue Atwater, Suite 6, Westmount
- By phone or in person, by appointment
- Provides legal accompaniment and representation in some cases
- 514-934-2463

## Read also:

Info Sheet #1: Finding Reliable Legal Information

<https://educaloi.qc.ca/en/publications/info-sheet-1-finding-reliable-legal-information/>

Info Sheet #3: Legal Information vs. Legal advice

<https://educaloi.qc.ca/en/publications/info-sheet-3-legal-information-vs-legal-advice/>

Info Sheet #4: Legal Responsibilities of Staff and Volunteers

<https://educaloi.qc.ca/en/publications/info-sheet-4-legal-responsibilites-of-staff-and-volunteers/>

## Legal Information and Referrals Guide

<https://educaloi.qc.ca/en/publications/legal-information-and-referrals-guide/>

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