



PLAN YOUR HEALTH CARE

**You have several options
to express your wishes about
health care in advance.**

For more information, visit educaloi.qc.ca
and read our guide "Health Care Decisions".
Éducaloi also offers workshops on this topic.



YOUR ADVANCE MEDICAL DIRECTIVES (AMD)

- They let you choose now if you are unable to consent to health care later.
- They only apply in 3 irreversible medical situations.
- They let you accept or refuse in advance 5 specific treatments.
- When they apply, they take priority over a protection mandate or any other document about your health care.



YOUR PROTECTION MANDATE

- It lets you name a trustworthy person who will make decisions for you if you become incapacitated (a mandatary).
- It lets you give instructions about health care.
- If you are unable to consent to health care, your mandatary accepts or refuses treatment for you while respecting your wishes.



YOUR LIVING WILL

- It lets you state your preferences about end-of-life care.
- It helps guide the person who will make decisions for you if you are unable to consent to treatments.
- There are no special legal requirements about the document's form. It has the same value as a discussion with your loved ones.



YOUR DISCUSSIONS WITH YOUR LOVED ONES

- They indicate your thoughts and preferences about treatments.
- They guide the person who will make decisions for you if you are unable to consent to treatments.



YOUR DISCUSSIONS WITH YOUR DOCTOR

- They let the medical team know your preferences about treatments.
- Before giving you a treatment, the medical team still needs your consent or the consent of the person authorized to decide for you.



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Important Notice

The law changes. This pamphlet is up to date to May 28, 2021. The legal information in this pamphlet only applies in Quebec and is not legal advice. If you need advice on a specific situation, consult a notary or a lawyer.

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